

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b> £1.90	Traditional Beef Lasagne	Baked Piri Piri Pollock Fillet	Roast Beef & Yorkshire Pudding	Chicken & Butternut Squash Curry	Fish of the Day
	Tuna Pasta Bake	Chicken Tagine	Maple Glazed Bacon Loin	Sweet & Sour Pork	Sweet Chilli Marinated Chicken Breast
<b>VEGGIE</b> £1.90	Sweet Potato, Thyme & Leek Frittata	Butternut Squash & Spicy Tomato Ragu	Quorn & Root Vegetable Cottage Pie	Autumn Vegetable & Chickpea Korma	Battered Quorn Sausages
<b>STARCHY</b>	Diced Potatoes	Couscous	Herby Diced Potatoes	Wholegrain Rice	Chips
<b>VEG</b>	Carrots & Sweetcorn	Green Beans & Peas	Savoy Cabbage & Carrots	Peas & Sweetcorn	Mushy Peas & Baked Beans
<b>DESSERT</b>	Autumn Crunchy Crumble	Chocolate Bread Pudding	Orange & Cinnamon Rice Pudding	Eve's Pudding	Gingerbread Cake

## GRAB & GO

Fresh Baked Pizza, Breaded Chicken Ciabatta, Assorted Freshly made Paninis

## AROUND THE WORLD

Assorted Pasta Sauce Pots, Chicken Wraps, Filled Jacket Potatoes

## SANDWICH BAR

Assorted Sandwiches, Rolls & Wraps, Baguettes, Cold Pasta/Salad Pots

## CAKE & COOKIE CORNER

Tray Bakes & Assorted Cookies

*Fresh Fruit is Available Daily  
Bread & Salad is Available Daily*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b> £1.90	Chicken Teriyaki Bacon & Leek Potato Bake	Lime, Ginger & Soy Salmon Fillet Chilli Con Carne	Roast Chicken Beef & Mushroom Casserole	Cumberland Sausages with Red Onion Gravy Chicken & Sweetcorn Puff Pastry Pie	Fish of the Day Turkey Burgers
<b>VEGGIE</b> £1.90	Vegetable Chow Mein	Mixed Bean & Vegetable Burrito	Baked Quorn Sausages with Herb Gravy	Root Vegetable Hotpot	Spicy Lentil & Bean Burger
<b>STARCHY</b>	Egg Noodles	Wholegrain Rice	Roast Potatoes	Mashed Potatoes	Chips
<b>VEG</b>	Broccoli & Carrot Ribbons	Peas & Sweetcorn	Green Beans & Swede	Broccoli & Peas	Mushy Peas & Baked Beans
<b>DESSERT</b>	Fruity Chocolate Bake	Strawberry Mousse	Apple & Blackcurrant Crumble	Fruity Muffin	Mixed Fruit Jelly

## GRAB & GO

Fresh Baked Pizza, Breaded Chicken Ciabatta, Assorted Freshly made Paninis

## AROUND THE WORLD

Assorted Pasta Sauce Pots, Chicken Wraps, Filled Jacket Potatoes

## SANDWICH BAR

Assorted Sandwiches, Rolls & Wraps, Baguettes, Cold Pasta/Salad Pots

## CAKE & COOKIE CORNER

Tray Bakes & Assorted Cookies

*Fresh Fruit is Available Daily  
Bread & Salad is Available Daily*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b> £1.90	Cottage Pie	Moroccan Lamb & Mixed Bean Stew	Roast Turkey	Beef Bolognaise	Fish of the Day
	BBQ Boneless Chicken Thighs	Fisherman's Pie	Chinese Chicken Chow Mein	Mediterranean Chicken	Beef Chilli Wedge Bake
<b>VEGGIE</b> £1.90	Quorn & Root Vegetable Pasta Bake	Autumn Vegetarian Chilli	Roasted Vegetable Pastry Turnover	Quorn Bolognaise	Macaroni Cheese
<b>STARCHY</b>	Herby Diced Potatoes	Wholegrain Rice	Roast Potatoes	Linguine	Chips
<b>VEG</b>	Carrots & Broccoli	Green Beans & Peas	Peas & Parsnips	Broccoli & Sweetcorn	Mushy Peas & Baked Beans
<b>DESSERT</b>	Baked Apple & Toffee Crumble	Butternut Squash Cake	Mixed Fruit Strudel	Easyio Yoghurt	Chocolate Orange Sponge with Chocolate Custard

## GRAB & GO

Fresh Baked Pizza, Breaded Chicken Ciabatta, Assorted Freshly made Paninis

## AROUND THE WORLD

Assorted Pasta Sauce Pots, Chicken Wraps, Filled Jacket Potatoes

## SANDWICH BAR

Assorted Sandwiches, Rolls & Wraps, Baguettes, Cold Pasta/Salad Pots

## CAKE & COOKIE CORNER

Tray Bakes & Assorted Cookies

*Fresh Fruit is Available Daily  
Bread & Salad is Available Daily*